

THE SACRED VIRTUES



Photo by Adam Muise on Unsplash

KINDNESS • KISÎWATISOWIN MALARD DUCK • IYNSIP

The duck totem has a strong sense of community, and it is a very social being. As the duck floats so freely to its destiny, it teaches us to have confidence in our destiny and take charge of our life, letting go of the insignificant things from the past.

The duck symbolizes clarity, family, love, vigilance, intuition, nurturing, protection, feelings, self-expression, balance, adaptation, grace, and strength.