Love Respect Honesty Courage Wisdom Truth Humility Happiness Kindness Kinship Compassion Generosity

THE SACRED VIRTUES



The eagle is frequently associated with wisdom and freedom. There are many teachings from the eagle that teaches us about intuition, creativity, strength, courage, hope, resilience, healing, and vision.

The eagle mates for life, and this teaches us about relationships, love, and valuing what is important. The eagle teaches us about unconditional love for oneself first, which then gives us the ability to love others.

The eagle demonstrates what it means to rise above, make choices carefully and wisely, and how to stick it out in good and bad.



